



# NZFCNA

## NZ Faith Community Nurses Association

NEWSLETTER

OCTOBER 2009

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### *NZFCNA Conference Report*

New Zealand Faith Community Nurses' Association Annual conference 'Partnerships of Hope' was held in Hamilton on the 7<sup>th</sup> -9<sup>th</sup> August. It was well attended with 45 delegates currently practicing as Faith Community Nurse's plus interested parties. The conference was opened by the Anglican Archbishop David Moxon who stated that Faith Community Nursing is about expressing the love of God in a spectrum of care. He highlighted that the wider community is looking for health, wholeness and spiritual meaning and the church can cover this with a Faith Community Nurse who speaks the language of the community.

The Associations patron The Very Reverend Charles Tyrrell also addressed the conference and highlighted the servanthood of our ministry as we partner with Christ. The Faith Community Nursing ministry has much to teach and give to the church, and true partnership gives us real hope and encouragement.

Our key speakers were Dr Judith Christensen, RN, PhD and Dr Dianne Roy, RN, PhD. Dr Christensen explains that nursing is a partnership with people in need of nursing care. Central to this model is the idea that both person and nurse have specific work to do and when we both work together we achieve good outcomes.

Dr Dianne Roy, spoke about managing long term illnesses through the Flinders Self Management Programme that aims to work with people with long-term conditions to enhance their self management and maximize their quality of life. The Health care professionals should be consultants supporting the people with long-term conditions.

Rev Derek Allen from Hamilton Central Baptist encouraged us to look at our spiritual physical and emotional care, by taking the time to sustain ourselves by looking at our boundaries, our equipping and our communication within these areas and surrounding ourselves with supported people.

The conference illustrated a balance between theory and practical sessions with many stories and experience told by Faith Community Nurse's with much discussion and interaction between conference delegates.

The conference concluded with the Annual General Meeting and a prayer for the journey.

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A big thank you to Joan MacManus and her team from the Waikato for the wonderful way they organised and hosted the conference.



“For I know the plans I have for you,” declares the LORD,  
“plans to prosper you and not to harm you, plans to give you  
hope and a future.”

Jeremiah 29:11

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## New Board Elected.

The NZFCNA Board for 2009—2010 was elected at the latest AGM.

The members are: Elizabeth Niven  
Diane Webster  
Joan MacManus  
Helen Vaughan  
Vaiola Haunga  
Alison Wilden

We thank them for being willing to support and develop Faith Community Nursing in New Zealand.

## Regional Coordinators 2009—2010

<b>Auckland</b>	Anne Maclean, Isobel Mordecai, Ane Masima
<b>Manuwatu</b>	Anne Simonsen, Nicola Curtis
<b>Bay of Plenty</b>	Dorothy Finlay
<b>Waikato</b>	Joan MacManus
<b>Canterbury</b>	Lesley Askin
<b>South Island</b>	Diane Webster

Wellington and Nelson to be filled.

### Auckland Region *upcoming event*

Isabel Mordecai has booked the Teaching Seminar Room at Selwyn Village, Pt Chevalier so we can get together and plan how often we want to have meetings and what we want to discuss regarding Faith/Parish Nursing here in Auckland. It would be great to see you all. We will also have a time of prayer and morning tea.

Where: **Selwyn Retirement Village,  
106/43 Target Street,  
Point Chevalier, Auckland.**

When: **Saturday 31st October  
10 AM**

**Please let Isabel know if you are able to come.**



Valerie Sirrett who recently retired as parish Nurse at Nelson Cathedral, with her certificate recognising her service and commitment.



If anyone would like to write a book review or a story from their FCN practice for the newsletter please contact me. Also please send me dates for any FCN events coming up in your area.

krist@adhb.govt.nz

Thanks, Kris.



## International News *from International Parish Nurse Resource Center*

### Westberg Symposium :

The 23rd Annual Westberg Symposium, held September 25-27, 2009 at the Hyatt Regency St. Louis Riverfront, was a place of worship, celebration, learning, and sharing, as several hundred parish nurses and others interested in health ministry came together to "Open Doors to Wholeness." Keynote speakers Dr. Tierarona LowDog, Julie Russell, RN, MPH, and Rev. Philip Gulley treated the group to insights on healthy living, healthy relationships, and joyful appreciation for the profession of nursing.

Next year's Annual Westberg Symposium, "Thriving in a Changing World," to be held September 17-19, 2010 at the Embassy Suites and Convention Center in St. Charles, Missouri.

### International Coordinator:

Maureen Daniels, RN, MSN has been named as Director of International Programs and Coordinator's Support. Previously, Maureen was Director of the Deaconess Parish Nurse Ministry Network in St. Louis, and most recently provided staff support to the World Forum for Parish Nursing.

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Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity. Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

*Colossians 3: 12—17*

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## Books & Resources

Check out the NZNO Library on line for resources and up to date information. If you are a member of NZNO you can use this service.

[www.nzno.org.nz](http://www.nzno.org.nz)

Remember as a member of NZFCNA you can also join the Kinder Library. See their website:

[www.kinderlibrary.ac.nz](http://www.kinderlibrary.ac.nz)

Kris Telfer also has a number of books available to borrow – contact by email, [ktelfer@xtra.co.nz](mailto:ktelfer@xtra.co.nz)



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***From the Editor***

At the beginning of this year I knew it was going to be busy, with a capital B I went to the botanical gardens to spend time with God, and try to plan my year. As I looked at the beautiful flowers, I noticed that some looked lovely, but on a closer inspection, petals were missing, or insects or the weather had damaged them, As I thought about this, I decided if I was to get through the year, in one piece and with healthy growth, I would need people around me to support me, pray for me, encourage me, and keep me accountable. In a vegetable garden, people sometimes plant Marigolds, as companion plants.

Marigolds are great, they are cheerful, they are ordinary, they are just there, but they protect the plants in several ways. The roots of some marigolds exude a substance from their roots that can kill pests, and some weeds, and they also have a strong smell that deters insects. I needed companion plants.

So I identified who these people, my marigolds, might be. During some difficult times this year these people have been there supporting and caring for me. It has made me realise how important it is to have support and not to struggle on alone.



Make sure you have people to support you and pray for you as you minister as a Faith Community Nurse. Be willing to ask for help.

Wasn't the conference great—as usual!  
 Next year's conference will be in the Wellington region.

May God Bless you all

**Kris**

**WEBSITE:**

[www.faithnursing.co.nz](http://www.faithnursing.co.nz)



**NEW ZEALAND FAITH  
 COMMUNITY NURSES'  
 ASSOCIATION**

**Prayer Points:**

*Please pray for,*

- † the possibility of an FCN in Takaka
- † Baptist Assembly gathering in November. This is an opportunity to present FCN in a DVD format .Pray that the ministry would be embraced.
- † The Presbyterian Council in Canterbury is proposing to accept the ministry of FCN.
- † All those currently ministering as FCN's and those considering the concept.

*Thank you.*

