



# NZFCNA

## NZ Faith Community Nurses Association

NEWSLETTER

May 2008

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### Special points of interest:

- Reports from around New Zealand

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The New Zealand Faith Community Nurses Association presents Conference 2008



### CELEBRATING 10 YEARS OF BRIDGING HEALTH WITH FAITH IN OUR COMMUNITIES

Faith Community Nursing is a growing ministry in NZ, where Registered Nurses promote health, healing and wholeness within their community.

This conference will provide opportunities to:

*Celebrate the Past & Present & the Future of Faith Community Nursing in New Zealand*

*Look at healing prayer, mental health and more.*

*Network and learn from other Nurses working in this field*

*Have time out for reflection, worship and prayer*

**WHEN: 24-27th October 2008  
(Labour Weekend)**

**WHERE: Living Springs, Christchurch**  
[www.livingsprings.co.nz](http://www.livingsprings.co.nz)

### FURTHER DETAILS AND REGISTRATION:

**Email:** [admin.faithnursing@xtra.co.nz](mailto:admin.faithnursing@xtra.co.nz)

**Web Site :** [www.faithnursing.co.nz](http://www.faithnursing.co.nz)



## From Around New Zealand



### AUCKLAND:

We had a small but productive meeting here in Auckland at the end of March. The next meeting will probably be at the start of June, date and venue will be advised once organized. Angela Anderson and the new Vicar at St John's Anglican Church in Northcote are working on reestablishing their Faith Community Nurse.

Isabel Mordecai is involved in an initiative in her church, (see report on page 3)  
We also had a nurse at our meeting who is wanting to work within her church and community and is in the process of introducing the concept to her church.  
It is wonderful to see these new ministries beginning.

Kris Telfer

### TAURANGA:

We sat in the cosy restaurant a few days ago, on 25th April, and watched the people of Ohaupo, led by four very enthusiastic pipers, march up and down the main road from Te Awamutu to Hamilton. I took that opportunity to meet with Joan as I was heading later on in the day to a brother-in-law's 60th birthday celebration on a nearby farm.

The trip across was beautiful. I passed through low cloud, tentative sunshine and wisps of mist as I came over the Kaimai Range and then on through lush countryside to Te Awamutu. Joan and I had a date with two enthusiastic nurses from Hamilton, Bronwyn and Helen, who are on the verge of setting up Faith Community Nursing practices in the Central

Baptist and an Anglican church. It was an exciting, stimulating time of bouncing ideas off each other. Both are practising nurses and developing individual expressions for the FCN ministry which will meet the scope of their congregations and needs of the community.

In Tauranga I continue with a small clinic and am available for consultation but I am hoping to develop more later in the year. The real news is that I am no longer alone in Tauranga, since early 2008 Judi has begun a weekly clinic in her church at Welcome Bay. Judi is an 'original' FCN since she attended training in Australia with Elaine some 8-9 years ago. It is exciting to see that she now has the support of her church and pastor's wife, also a nurse, in implementing an FCN presence in that area of Tauranga.

Dorothy Finlay

### NAPIER:

In 2008 I believe that FCN is now established here in Taradale.

In 2006 I conducted a survey at church to see if the congregation would be 'open' to health education. I received a great response and now organise health education talks on a regular basis using guest speakers from various health disciplines. In May 2007 after a Sunday church service, (with the assistance of some nurse colleagues), I conducted a health assessment clinic. 63 people attended with some being referred on to their GPs with predisposing undiagnosed health conditions. The response to this was so positive that I am now planning another clinic for Sunday 25th May.

My main goal for 2008 is to introduce an exercise/fitness programme to the church and wider community. I have been successful in negotiating with Sports Hawkes Bay the use of the church hall for Tai Chi for the over 65yr olds. This ACC funded falls prevention programme aims at improving balance and is available to anyone in the community who meets the assessment criteria. The classes, which are well attended, are held twice a week over a period of 20 weeks. I am also in

the process of coordinating a St Mary's walking group with a great response to date to my advertising in the church newsletter.

I recently had the privilege to be invited to conduct a workshop on FCN at NZCSSS national conference. In their letter of thanks it was stated that "Faith Community Nursing is recognised as one important way that social services and church communities connect and complement each other". Last Sunday the Parish priest at St Mary's, when addressing the congregation in his homily, commented on how FCN, while still in its infancy, is about the future church.

To those FCN's who may be doubting themselves I would like to say 'hang on in there', pray, pray, pray, engage a prayer partner, communicate with other FCNs and the Assn for advise/help and more especially tread slowly.

*"We know that in all things God works for good with those who love him, those he has called according to his purpose"* Romans 8.28

Anne Simonsen

*Nursing is an art: and if it is to be made an art, it requires an exclusive devotion as hard a preparation, as any painter's or sculptor's work; for what is the having to do with dead canvas or dead marble, compared with having to do with the living body, the temple of God's spirit? It is one of the Fine Arts: I had almost said, the finest of Fine Arts.*

Florence Nightingale

## Holistic. Well-Being @ East Coast Bays.

I was ordained last November as an Assistant Deacon in the Parish of St John's Campbell's Bay, Auckland. I am working in the Parish one day a week, doing pastoral care and have introduced the faith/parish nursing concept to the Parish. I am also working at North Shore Hospital as a Radiology Nurse three days a week.

As a new initiative this year I am involved with a team of people at St John's Church Campbell's Bay who are offering "Holistic. Well-Being @ East Coast Bays". We have a brochure being launched soon, offering Counselling by a Trained Counsellor, Life Coaching, Supervision, Spiritual Direction, and Celebrancy offered by our Clergy. I am offering Pastoral care and Parish Nursing services. We are initially going to offer these services to our Parish Community, and hopefully when we are established we can offer



them to the wider community, and other Church congregations.

We have a busy and active pastoral care team at St John's Church. We did approximately 350 pastoral care visits to parishioners and retirement villages associated with our Church in 2007. This averaged out to approx 28 visits per month by our pastoral care team.

This is not an exact number on pastoral care visits because within our parish community we also have parishioners caring for each other. This happens in a variety of ways. There is informal visiting done by parishioners, this is the invisible network of caring in our parish which we hope will continue. Home Groups and Women's Fellowship continue with members caring for those in their own groups.

The Pastoral Care Team visit people who are unable to come to church for health or for other reasons. We take the church to them. Communion is offered with regular visits.

*"Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith".*

*Galatians 6:10*

*Isabel Mordecai*

## GORE: Nail Care Clinic

It had been along time in coming, this Nail Care Clinic that began in August 2007. In fact it goes right back to October 2006 when I attended the conference of the New Zealand Faith Community Nurses Association in Christchurch. I already had a desire to be doing 'something' with my local church to serve those in the community around us. During the week I work as a Practice Nurse and also as a Director on the local Primary Health Organisation (PHO) and I have a growing passion for primary healthcare nursing.

At this conference I heard about a Foot Clinic that was operating in a local church and the seed of an idea as to what I could facilitate, was sown. My biggest hang-up with this foot clinic was the funding and the need for volunteers. I have always believed that it is good to give of my time freely to worthwhile activities for the good of the greater community, but I am also aware of the realities of finding and sustaining qualified people who are able to commit to doing this sort of voluntary work.

As a health professional, I was asked to submit ideas/proposals to the local Primary Health Organisation (PHO) for projects that improve access to services for primary health. The foot clinic idea had been floating around in my head for some time, so, in collaboration with a colleague who is a Needs Assessor at the local hospital, we produced a basic outline for a foot clinic and submitted it to the PHO for consideration.

At this stage it was a very basic proposal; asking for funds to purchase equipment and supplies and to fund wages for a registered nurse to supervise and coordinate this clinic. We were surprised, but very pleased, to have our proposal accepted as a pilot programme for a Services to Improve Access (SIA)

project with the PHO.

After more planning, and in collaboration with the local podiatrists for training and advice, it was exciting to hold our first Clinic in July 2007.

We have now been operating for approximately eight months and have grown and adapted the service to meet the needs of the clients and of the volunteer staff. We are currently operating at full capacity and see a range of clients

I feel that one of the most exciting aspects of the Clinic is what is happening socially with the clients. We have noticed a huge development for some clients who were losing or had lost their social connectedness. This is slowly being rebuilt for them within this clinic.

While there has been no flow on effect into other church settings, we are providing the social and spiritual support at the clinic. We do not actively pray with our clients or bring spiritual subjects into the conversations unless invited to do so. We do, however, show the love and care of Jesus as we serve the clients in this way. Many of our clients do not experience any form of positive touching any longer and the gentle and loving hands that give a massage are always noted to be the best part of their week.

We are waiting for a decision from the PHO on whether they will continue to fund us as an SIA project.

Once we hear of this decision, we can begin planning for the future continuation of the clinic.

*Alison Wilden*



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NEW ZEALAND FAITH  
COMMUNITY NURSES'  
ASSOCIATION

### Books Available to Borrow

I have a number of books relating to Christian Nursing and Parish Nursing. If you would like to borrow these please email me—[krist@adhb.govt.nz](mailto:krist@adhb.govt.nz) and I will post them.

♥ **Called to Care** - A Christian Worldview of Nursing.  
Judith Allen Shelly & Arlene B. Miller  
2nd Edition 2006

♥ **Spiritual Care** - A Guide for Caregivers  
Judith Allen Shelly 2000

♥ **Parish Nursing** - Stories of Service and Care  
Verna Benner Carson & Harold G. Koenig  
2002

♥ **The Parish Nurse** - Providing a Minister of Health for your Congregation.  
Granger E. Westberg 1990

♥ **Transforming Care** - A Christian Vision of Nursing Practice.  
Mary Molewyk Doornbos, Ruth E. Groehoet,  
Kendra G. Hotz 2005

♥ **May I Walk You Home?** Sharing Christ's Love with the Dying.  
Melody Rossi 2007

♥ **Healing Bodies & Souls** - A Practical Guide for Congregations.  
W. Daniel Hale & Harold C. Koenig 2003

You can look these books up on the internet to find out more about them.

*Kris*

### Websites:

[www.loveyourneighbour.co.nz](http://www.loveyourneighbour.co.nz)

Love Your Neighbour' is an emerging partnership network focusing churches and Para church organisations on the importance of church-driven, community-based evangelism for the health of the local church and the transformation of our communities.

[www.nzno.org.nz](http://www.nzno.org.nz)

NZNO Library Newsletter

This is a free online newsletter published by the NZNO Library twice a week. Anyone is welcome to subscribe to the newsletter, but only members and staff of NZNO can request electronic or print copies of the items listed.

[www.moh.govt.nz/publications](http://www.moh.govt.nz/publications)

The Ministry of Health publishes a large range of documents on New Zealand health and disability issues. You can access these, as well as free evidence-based health information from international online databases and electronic datasets.

[www.christiancontact.co.nz](http://www.christiancontact.co.nz)

New Zealand's Christian Directory. Promoting non-profit ministries and organisations, and providing Christian businesses with a directory.

### From the Editor

Hello everyone, I hope you have organised your leave so you can attend the conference at Labour Weekend. It is always a good time to network with others and exchange ideas, and to fellowship with Christian nurses.

Faith Community Nursing continues to blossom, with new ministries beginning. It is so encouraging to read all the reports.

This is your newsletter so if there is anything you think should be included, if you would like to write about your area of FCN, or maybe a book review please contact me. [krist@adhb.govt.nz](mailto:krist@adhb.govt.nz)

God Bless you in your ministries,  
*Kris*

#### *Prayer Points*

*Please pray for Diane as she travels overseas*

*Pray for the NZFCNA Board as they meet on 28th June, as they continue to plan for the conference.*

*Pray for FCNs as they minister throughout NZ*